

Dated: - 04-02-2020

Dear Parents

In the wake of recent coronavirus (covid-19) outbreak, we request you to be aware of precautions and protective / preventive measures to keep all of us safe and healthy. Kindly note some important points related to awareness and preventive measures for Corona Virus:

❖ **GENERAL SYMPTOMS:**

- Coughing, Runny nose
- Fever
- Sore Throat
- Shortness of breath
- Exceptional Symptoms - Vomiting Diarrheic
- Advanced Symptoms - Severe Pneumonia, Renal Failure



❖ **HOW DOES IT SPREAD?**

- Direct contact with infected patients.
- Droplet during Patients coughing or sneezing.
- Close contact with patient's articles & then directly touching the nose, eyes and mouth



❖ **DO's**

- If you or someone you know has visited any affected countries where the outbreak has occurred and you have the symptoms, please contact the nearest health facility.
- Wash hands frequently with soap and water.
- Avoid touching eyes, nose and mouth with unwashed hands.
- Avoid close contact with people with symptoms of the disease.
- Use tissue or handkerchief while coughing or sneezing.
- Drink Luke warm water.
- Eat nutritious protein rich veg- food
- Wear Full Sleeve Shirt.
- Inform the School Authorities if the child is sick



❖ **DON'T's**

- Panic.
- Take medicines without consulting doctor.
- Visiting overcrowded public places.
- Spitting in public places and disposing used napkins in open areas.



Wishing you healthy and safe future for your ward.

Principal

TOGETHER WE CAN WE WILL